

CORONAVIRUS THE PANDEMIC

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INTRODUCTION

Historically there has been a trend of global pandemics such as The Black Death(1346)⁵, HIV/AIDS(1981)⁵, Swine-Flu(2009)⁵, Zika Virus(2013)⁵, and Ebola (2014)⁵. The latest pandemic of an infectious disease is caused by the recently discovered coronavirus disease commonly known as (COVID-19). The rapid spread of this pandemic outbreak has created a global health crisis that has impact the way we as a society perceive the world in our most challenge times. During this epidemic there have been changes to our habits, daily routines and of course our everyday lives. All of these changes have had an effect the global economy and society. Not only is the rate of contagion spreading quickly through the population a concern, but the safety measures put in place to contain the spread of the virus is also crucial. The effort to prevent the further spread of the virus will refrain us from doing what is inherently human, which is to find comfort or consolation in a time of stress in the company of others.

WHAT IS CORONAVIRUS?

- ❖ Coronavirus is an infectious disease caused by the recently found virus commonly known as Covid-19.
- ❖ Coronavirus is a mild upper respiratory illness like a common cold that can spread from person to person.²
- ❖ Coronavirus is a large family of viruses that cause illness in animals that then spread the illness to humans.¹



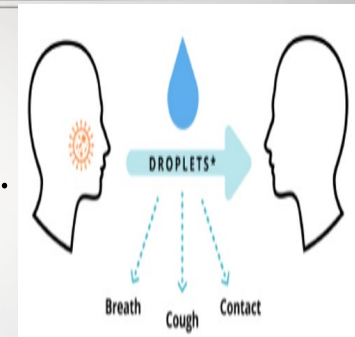
THE START OF COVID -19

- ❖ This coronavirus first emerged in late 2019 in the city of Wuhan, China.⁴
- ❖ New evidence suggests that the earliest cases of COVID-19 were seen in December but we are still learning about the origins of the virus.³
- ❖ The first known patients to test positive in the U.S. were initially thought to have contracted the virus while traveling to other countries.²
- ❖ We also saw community spread of the illness, which means the cases could not be traced to these risk factors alone, so the source of infection was unknown.¹
- ❖ The infection has since spread to many countries around the world and became a pandemic.
- ❖ Sources say that it stems from bats but is still unknown of where the virus truly came from.⁴
- ❖ Sources say that it stems from bats but is still unknown of where the virus became a pandemic.

HOW DOES COVID-19 SPREAD?

This disease can be spread by:

- ❖ Infected people when they talk, cough and sneeze.
- ❖ Touching contaminated objects.
- ❖ Having your infected hands enter your nose / eyes / mouth.
- ❖ Infected Travellers spreading the virus into other countries.¹
- ❖ Between people who are in close contact with one another and are infected.³



WHAT ARE THE SYMPTOMS?

❖ Symptoms may appear within 2 to 14 days after exposure to the virus.²

Symptoms included (but are not limited to):

❖ Fever

❖ Cough

❖ Sore throat

❖ Shortness of breath

❖ Sudden loss of sense of smell and taste

❖ You may also have mild (no symptoms) ³

❖ If you have COVID-19 you may seek immediate medical attention if you think you have been exposed or develop symptoms.¹

Symptoms of CORONAVIRUS (COVID-19)



Fever



Shortness of breath



Cough

THE CHALLENGES OF COVID-19

- ❖ Social distancing slowed the spread of COVID-19
 - graduations, proms, wedding, funeral and other long-planned events were cancelled or postponed.
- ❖ People forced to work from home.
- ❖ Teachers are teaching student remotely through the computer.
- ❖ Limitation on resources such as food, drinks, paper tissues and paper towels.
- ❖ Limitation on number of people allowed to enter stores(10).
- ❖ Limitation on medical supplies, uniform and testing sites.



CORONAVIRUS AFFECTING MY COMMUNITY

- ❖ Living in Jamaica, Queens NY many of our local business have closed such as corner stores, Laundromats, hair salon, nail salon, and schools.
- ❖ New York has one of the highest death rates.
- ❖ Many people in the community have been less socially activate with each other.
- ❖ Many people in the community have lost their lives due to the virus such as doctor, nurses, police officer and the elderly.
- ❖ Many people in the community have lost their jobs
 - Layed off, fired, quit and unemployed.
- ❖ There have been many deaths and people are still dying from the spread of this virus among the community currently.



HOW CAN COVID-19 BE PREVENTED?

- ❖ Washing your hands with anti-bacterial soap for at least 20 second.³
- ❖ Using an alcohol based hand sanitizer if soap and water is unavailable.²
- ❖ Avoid touching your eye, nose and mouth with unwashed hands.
- ❖ Cover your cough and sneeze with a tissue.
- ❖ Stay home if you're sick.
- ❖ Avoid close contact with people who are sick.
- ❖ Cleaning surfaces and objects daily with cleaning and disinfecting products.⁵
- ❖ Keep at least 6ft distance from other people.¹
- ❖ Social distancing, isolation and quarantine.⁴
- ❖ Using masks and gloves.



TESTED FOR COVID-19

When To Be Tested For COVID-19:

- ❖ You are feeling sick with cough, have a fever or have difficulty breathing.
- ❖ You have been in close contact with a person who has tested positive for Covid-19.
- ❖ You have recently traveled from countries dealing with the ongoing spread of Covid-19.
- ❖ You have COVID-19 symptoms, regardless of age, chronic conditions or occupation.²
- ❖ You work in a residential setting (nursing home, shelter or adult care facility), regardless of whether you have symptoms.⁴

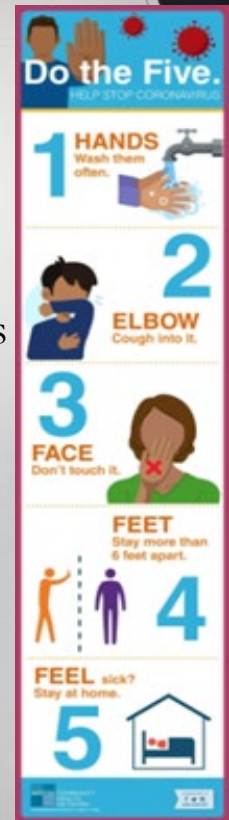
How To Be Tested For Covid-19:

- ❖ Call the coronavirus hotline number 311 before calling 911³.
- ❖ Call your health provider.¹
- ❖ Go to the emergency room , hospitals or urgent care
- ❖ Go to drive thru testing site that will swab for your nose and mouth.



STAYING SAFE

- ❖ Stay at home, stay calm, and be prepared .
- ❖ Only go outside if you are an essential worker or getting groceries.¹
- ❖ Avoid using transportations such as bus, train, cab, uber and lyft.
- ❖ If you do leave your home for any reasons you must wear mask, gloves and use hand sanitizers.
- ❖ Use cleaning products such as Lysol, Clorox, Bleach wipes to disinfect objects and surfaces frequently.²
- ❖ Wash your hands often.
- ❖ Keep space between yourself and others.
- ❖ Have a plan if you get sick.



A decorative scrollwork border in a light gray color frames the entire page. The border features intricate floral and vine patterns, with larger, more complex designs at the top and bottom centers and corners. The background is a solid dark gray.

MY FINAL THOUGHTS

❖ There have been new challenges in the 21st Century especially climate change, pollutions, global health, natural hazards, and poverty. But the number one challenges that we are currently facing now is the COVID - 19 pandemic. This pandemic has effect the world and how we operate in our day to day life. This has now and will forever change the way we will look at society. In times like these we must appreciate the front line worker and the time we have to spend with our families and friends. We must also not take what we have for granted and enjoy the moment we have now in life. Though this is affecting us now we must also learn how to move on after this crisis. Wearing masks and gloves may be the new norm and something we may see more of in the future. So you must stay safe in your home and stay away from those who are infected by taking more precautions. Though this is a challenging time for us, we must grow and get through this as a society.

A decorative border with intricate scrollwork and floral patterns surrounds the text. The border is white and set against a dark background. It features a central crest-like element at the top and bottom, with symmetrical flourishes on the sides.

SUMMARY

❖ As of 2020, COVID-19 has become a global pandemic. Dealing with the unexpected challenges caused by the COVID-19 pandemic it has taken a significant toll on people all across the world. At the moment, many countries have taken measures to slow down the spread of the coronavirus. While some of these countries are now considering whether to ease the measures, others have already decided to keep them in place over the following weeks. Many countries have declared restrictive measures, such as lockdown, shelter in place, or stay at home orders, to contain the pandemic. However, the differences in responses have left people wondering if authorities failed to take the situation seriously early on when they could have done more to slow down the spread of the coronavirus. But we as humans have to come to terms that sometimes mistakes are made, even in the world of science. Though New York City has taken one of the worst hits, we must also take the time to ensure safety measures are in place for everyone involved. This is why it's important that we stop for a moment and pause, especially when an event occurs rapidly and transforms the very environment where we work. This includes prevention of the spread through social distancing, learning and developing testing protocols to minimize spread among others. And to appreciate our front-line healthcare providers who are at the current battle against the coronavirus. So at a time like this it is important to wear masks and gloves in public to slow down the spread.

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